AUGUST 2021

OFFICE OF COLLEGE ACCESS INITIATIVES

# US@MSU

Newsletter



# Resources

Campus resources are designed to make college easier, however that's only the case if you take advantage of them. Taking advantage of these resources doesn't mean that you're failing at college, it means that you know how to take advantage of the resources that are available to you. Remember, every student needs help at some point in their college career! Use all of the resources you need and go get that degree!

# <u>Student Handbook (Spartan Life)</u>

Essential info for life as a Spartan. Spartan Life provides valuable information for your engagement at Michigan State University (MSU). Their handbook acts as your guide to campus life and compiles much of the essential information you need to optimize your Spartan experience.

http://splife.studentlife.msu.edu/



# **MSU Safe Place**

Find emergency shelter, counseling and more. MSU Safe Place is a program that addresses relationship violence and stalking. They provide advocacy, shelter, counseling, support groups, safety planning, information and referrals to survivors of violence and their minor children. All support services are free and confidential.

https://safeplace.msu.edu/



# Resource Center for Persons with Disabilities

Accommodations and resources that make MSU accessible. Spartans lead in ways practical and profound. We create opportunity through study and research, developing solutions for some of the world's most challenging needs. Education expands opportunity and for those experiencing disabilities, education is a most empowering choice.



#### https://www.rcpd.msu.edu/

#### Libraries

Where, when and how to hit the books. https://lib.msu.edu/



### **Student Food Bank**

Food is available for those in need year-round. https://foodbank.msu.edu/



# **Counseling Center**

Need to talk? Find therapy and counseling services. https://caps.msu.edu/



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